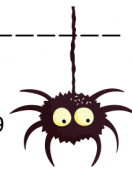


Octo'boo'-er

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|--|
| <p>AL/IL</p> <p>Activities</p> <p>Calendar</p> | <p>*Sign Up</p> <p>Located at</p> <p>Front Desk</p> | <p>SEPTEMBER 28</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:30 Giant Group Crossword (B)</p> <p>10:30 *Target Outing</p> <p>1:00 Seated Yoga (A)</p> <p>2:00 Dominos (L)</p> <p>2:30 Movie Matinee (T)</p> <p>3:00 *Paint and Sip (AR)</p> <p>5:30 Movie Night! (T)</p> | <p>SEPTEMBER 29</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class H.I.I.T (A)</p> <p>11:00 Rosary and Communion (A)</p> <p>1:00*Leffel Roots Apple Orchard Trip</p> <p>2:00 Cribbage (L)</p> <p>2:30 Movie Matinee (T)</p> <p>3:00 Afternoon Exercise (A)</p> <p>5:30 Movie Night! (T)</p> | <p>SEPTEMBER 30</p> <p>9:30 Seated Exercise Video (F)</p> <p>11:00 Worship and Communion with Pastor Jack (A)</p> <p>1:00 Seated Yoga Video (F)</p> <p>3:00 Master Class (A)</p> <p>4:00 Happy Hour (C)</p> <p><i>Mickey Lynnes</i></p> <p>6:00 Cards (C)</p> | <p>1</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>10:00-3:00 CVS Flu Shot Clinic (CR)</p> <p>11:00 Bean Bags! (C)</p> <p>1:00 Balance Class (F)</p> <p>2:00 BINGO Hour (A)</p> <p>3:30 Wine, Beer and Board Games (C)</p> | <p>2</p> <p>10:00 Mug Club (PL)</p> <p>1:00 *Manicures (FD)</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Feel the Beat</i></p> |
| <p>3</p> <p>9:30 Catholic Mass TV-9</p> <p>10:30 Lutheran Service YV-9</p> <p>2:00 Cards (C)</p> <p>2:00 VIRTUAL Concert by the Master Singers: "America My Homeland" (A)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Undeafated</i></p> | <p>4</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>10:30 Knitting and Crocheting (B)</p> <p>10:30-12:30 *Chair Massage with Michelle (F)</p> <p>1:00 Craft Feature! Or BYOC (AR)</p> <p><i>Ghost Garland</i></p> <p>2:00 Rummikub (C)</p> <p>3:00-4:00 *Technology Help Group (A)</p> | <p>5 HALLWAY TRIVIA POSTED</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:30 Giant Group Crossword (B)</p> <p>10:30 *Aldi Outing</p> <p>1:00 Seated Yoga (A)</p> <p>2:00 Farkle (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>The Cheap Detective</i></p> <p>3:00 *Paint and Sip (AR)</p> <p>5:30 Movie Night! (T)</p> <p><i>The Cheap Detective</i></p> | <p>6</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class H.I.I.T (A)</p> <p>11:00 Rosary and Communion (A)</p> <p>1:00 –3:00 CVTC STUDENT HEALTH FAIR PRESENTATION (C & A)</p> <p>2:00 Cribbage (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>Air Force One</i></p> <p>5:30 Movie Night! (T)</p> <p><i>Air Force One</i></p> | <p>7</p> <p>9:30 Seated Exercise Video (F)</p> <p>11:00 Making Birthday Cards for Staff! (AR)</p> <p>1:00 Seated Yoga Video (F)</p> <p>2:00 Catholic Mass (A)</p> <p>2:00 Learn Cribbage with Candy! (L)</p> <p>3:00 Master Class—Magic with Penn and Teller (A)</p> <p>4:00 Happy Hour (C)</p> <p><i>Wayne Allen</i></p> <p>6:00 Cards (C)</p> | <p>8</p> <p>8:30-3:15 *Podiatry by Appointment (AR)</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>11:00 Flickin' Chickin' Toss Game! (C)</p> <p>1:00 Balance Class (F)</p> <p>2:00 BINGO Hour (A)</p> <p>3:30 Oktoberfest Celebration (C)</p> | <p>9</p> <p>10:00 Mug Club (PL)</p> <p>1:00 *Manicures (FD)</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Young Frankenstein</i></p> |
| <p>10</p> <p>9:30 Catholic Mass TV-9</p> <p>10:30 Lutheran Service YV-9</p> <p>12:00 Packers Vs Bengals on the Big Screen! (T)</p> <p>2:00 Cards (C)</p> | <p>11</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>10:30 Knitting and Crocheting (B)</p> <p>1:00 Sing a long with Karol (A)</p> <p>2:00 Rummikub (C)</p> <p>3:00 Mini Pumpkin Decorating! (AR)</p> <p>4:00-5:00 *Technology Help Group (A)</p> | <p>12</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:30 Giant Group Crossword (B)</p> <p>10:30 *Walmart Outing</p> <p>1:00 Seated Yoga (A)</p> <p>2:00 Dominos (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>Mama Mia!</i></p> <p>3:00 *Paint and Sip (AR)</p> <p>5:30 Movie Night! (T)</p> <p><i>Mama Mia!</i></p> | <p>13</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class H.I.I.T (A)</p> <p>11:00 Rosary and Communion (A)</p> <p>1:00 Book Club! Discussion and New Book Debut! (PL)</p> <p>2:00 Cribbage (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>In the Line of Fire</i></p> <p>3:00 Seated Dance Exercise (A)</p> <p>5:30 Movie Night! (T)</p> <p><i>In the Line of Fire</i></p> | <p>14</p> <p>9:30 Seated Exercise Video (F)</p> <p>11:00 Worship and Communion with Pastor Jack (A)</p> <p>1:00 Seated Yoga Video (F)</p> <p>1:30 Activity Meeting (L)</p> <p>2:00 Learn Cribbage with Candy! (L)</p> <p>3:00 Master Class—Magic with Penn and Teller (A)</p> <p>4:00 Happy Hour (C)</p> <p><i>Jim Radloff</i></p> <p>6:00 Cards (C)</p> <p>6:00-7:00 Joel K Celebration of Life Slideshow (A)</p> | <p>15</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class! (A)</p> <p>11:00 Bean Bags! (C)</p> <p>1:00 Balance Class (F)</p> <p>2:00 BINGO Hour (A)</p> <p>3:30 Wine, Beer, and Board Games (C)</p> | <p>16</p> <p>10:00 Mug Club (PL)</p> <p>1:00 *Manicures (FD)</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Hocus Pocus</i></p> |
| <p>17</p> <p>9:30 Catholic Mass TV-9</p> <p>10:30 Lutheran Service YV-9</p> <p>12:00 Packers Vs. Bears on the Big Screen! (T)</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Never Back Down</i></p> | <p>18</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>10:30 Knitting and Crocheting (B)</p> <p>10:30-12:30 *Chair Massage with Michelle (F)</p> <p>1:00 Bible Study with Jack (A)</p> <p>2:00 Rummikub (C)</p> <p>3:00-4:00 *Technology Help Group (A)</p> | <p>19 HALLWAY TRIVIA POSTED</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:30 Giant Group Crossword (B)</p> <p>10:30 *Festival Outing</p> <p>1:00 Seated Yoga (A)</p> <p>2:00 Farkle (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>Grease Live!</i></p> <p>3:00 *Paint and Sip (AR)</p> <p>5:30 Movie Night! (T)</p> <p><i>Grease Live!</i></p> | <p>20</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class H.I.I.T (A)</p> <p>11:00 Rosary and Communion (A)</p> <p>1:00 October Birthday Social! (A)</p> <p>2:00 Cribbage (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>Miracle on Ice</i></p> <p>3:00 Virtual Alzheimer's Education Seminar (A)</p> <p>5:30 Movie Night! (T)</p> <p><i>Miracle on Ice</i></p> | <p>21</p> <p>9:30 Seated Exercise Video (F)</p> <p>11:00 Acts of Kindness Group Meeting (B)</p> <p>1:00 Seated Yoga Video (F)</p> <p>2:00 Learn Cribbage with Candy! (L)</p> <p>3:00 Master Class—Magic with Penn and Teller (A)</p> <p>4:00 Happy Hour (C)</p> <p>6:00 Cards (C)</p> | <p>22</p> <p>8:30-3:15 Podiatry by Appointment (AR)</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>11:00 Wii Bowling (C)</p> <p>1:00 Balance Class (F)</p> <p>2:00 BINGO Hour (A)</p> <p>3:30 Haunted Escape Room (Enter if you DARE in West Garage)</p> | <p>23</p> <p>10:00 Mug Club (PL)</p> <p>1:00 *Manicures (FD)</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Edward Scissorhands</i></p> |
| <p>24</p> <p>9:30 Catholic Mass TV-9</p> <p>10:30 Lutheran Service YV-9</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Charade</i></p> <p>-----</p> <p>31 HAPPY HALLOWEEN!</p> <p>9:30 Catholic Mass TV-9</p> <p>10:30 Lutheran Service YV-9</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>The Addams Family</i></p> | <p>25</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>10:30 Knitting and Crocheting (B)</p> <p>1:00 Sing a Long with Karol (A)</p> <p>2:00 Rummikub (C)</p> <p>3:00-4:00 *Technology Help Group (A)</p> | <p>26</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:30 Giant Group Crossword (B)</p> <p>10:30 *Target Outing</p> <p>1:00 Seated Yoga (A)</p> <p>2:00 Dominos (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>Murder on the Orient Express</i></p> <p>3:00 *Paint and Sip (AR)</p> <p>5:30 Movie Night! (T)</p> <p><i>Murder on the Orient Express</i></p> | <p>27</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class H.I.I.T (A)</p> <p>11:00 Rosary and Communion (A)</p> <p>2:00 Cribbage (L)</p> <p>2:30 Movie Matinee (T)</p> <p><i>Armageddon</i></p> <p>3:00 Seated Dance Exercise (A)</p> <p>5:30 Movie Night! (T)</p> <p><i>Armageddon</i></p> | <p>28</p> <p>9:30 Seated Exercise Video (F)</p> <p>11:00 Worship and Communion with Pastor Jack (A)</p> <p>1:00 Seated Yoga Video (F)</p> <p>1:30 Balance Education Presentation (A)</p> <p>2:00 Learn Cribbage with Candy! (L)</p> <p>3:00 Staff Costume Contest (C)</p> <p>4:00 Happy Hour (C)</p> <p><i>Lynn McFayden</i></p> <p>6:00 Cards (C)</p> | <p>29</p> <p>9:30 Seated Exercise Video (F)</p> <p>10:00 Fitness Class (A)</p> <p>11:00 Bean Bags! (C)</p> <p>1:00 Balance Class (F)</p> <p>2:00 BINGO Hour (A)</p> <p>3:30 Wine, Beer and Board Games (C)</p> | <p>30</p> <p>10:00 Mug Club (PL)</p> <p>1:00 *Manicures (FD)</p> <p>2:00 Cards (C)</p> <p>3:30 Movie Matinee (T)</p> <p><i>Beetlejuice</i></p> |





AL/IL OCTOBER



NEW MASTER CLASS!

Starting up a new Master Class this month featuring the iconic magical duo, Penn and Teller! They will virtually be teaching you what they know about the art of magic! Sessions will be held at 3:00 pm in Amen Corner, with one class picking up where the previous left off. Come and try your hand at some new tricks!

CRAFT FEATURE OR BYOC

Get ready to get ghostly! The craft feature of the month is.....GHOST GARLAND! Come on down to the activity room of the north building to learn how to create this festive piece of decor! See front desk binder for photo. If you do not want to make the feature craft, feel free to bring your own and enjoy the company of fellow crafters!

CVTC STUDENT HEALTH FAIR

This month, we are excited to be welcoming in the nursing students from CVTC! They will be here on Wednesday October 6th to put on a very special health fair for us! The fair will consist of 6 different booths, each promoting and educating about a different area of wellness. Be sure to come and take it all in! An event you wont want to miss!

OKTOBERFEST CELEBRATION

Roll out the barrel...LETS CELEBRATE! Better late than never, it's time for an Oktoberfest Celebration! Join us on Friday, October 8th at 3:30 pm for Stein Holding Competition, Hammerschlagen, Pretzel Making and more! Dirndls and Lederhosen encouraged! Prost!

MINI PUMPKIN PAINTING

You just can't have October without a little pumpkin decorating! Join us on Monday, October 11th at 3:00 pm to have a little fun with a little pumpkin! No artistic ability required! A must do October activity

LEARN CRIBBAGE WITH CANDY

Calling all card players! Want to learn how to play the great game of cribbage? Candy is ready to teach you! No previous experience necessary, just come on down and play! Thursdays at 2:00 in Lucky's Game Room!

JOEL K CELEBRATION OF LIFE

As we remember and honor the life of Joel Klink, we have asked for the music of Ragtime Jim Radloff to be the entertainment for the October 14th Happy Hour. You are invited to join in music that Joel loved at 4 pm and stop by after your meal for a short repeated musical slideshow in the Amen Room between 6 and 7 p.m. you are also welcome to join us on Saturday, Oct. 16th at The First Congregational United Church of Christ at 11 am for a Celebration of Joel's life. Warmly, The Joel Klink Family.

"HAUNTED" ESCAPE ROOM

Enter if you DARE...! Join us and see if you can escape our Haunted Halloween room! We will be "locking" contestants in our spooky Halloween themed room. Inside the room, there will be various puzzles, riddles and challenges that will give you clues on how to escape! Volunteers from UWEC Healthcare Administration will be here to help facilitate the fun! A festive event that will be sure to put you in the Halloween Spirit!

ALL MONTH LONG—FIND THE PUMPKIN!

We have a prize-worthy pumpkin on the loose! Starting October 1st, the hunt is on for the hidden pumpkin! Staff and residents will each have their own pumpkin hidden throughout the building. Pumpkins will be labeled as "staff" or "residents". The resident pumpkin will be hidden only on the first or second floor. If found, turn in to the front desk for a prize! Good luck!



OCTOBER 3 - Alan J.

OCTOBER 4 - Pat D.

OCTOBER 7 - Bobbie S.

OCTOBER 10 - Jean Y.

OCTOBER 12 - Steve C.

OCTOBER 13 - Shirley F.

OCTOBER 13— Bev S.

OCTOBER 15 - Jeanne M.

OCTOBER 22 - Michael L.

OCTOBER 26 - Gladys M.

OCTOBER 31 - Stephanie W.

ACTIVITY LOCATION KEY

* - Sign up at front desk

A - Amen Corner

B - Bogey's Bistro

C - Clubhouse

CP - Chips Restaurant

CR - Conference Room

F - Fitness Studio

FP - Front Parking Lot

L - Lucky's

Game Room

LB - Library, 2nd Floor Main Building

O - Outside

P - Patio

PL - Palmer's

Restaurant

AR - Activity Room,

Lower Level of North Building

FD - Front Desk

T - Theatre, 2nd Floor Main Building