

# JANUARY ACTIVITIES AL/IL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>DECEMBER 26</b> 9:30 Catholic Mass TV-9 10:30 Lutheran Service YV-9 2:00 Cards (C) 3:30 Movie Matinee (T) <i>Indiana Jones and the Temple of Doom</i>	<b>DECEMBER 27</b> 9:30 Seated Exercise Video (F) 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) <b>1:00 Craft Feature! Or BYOC (AR)</b> <b>Help Make the NYE Ball!</b> 2:00 Rummikub (C) 3:00-4:00 *Technology Help Group (A)	<b>DECEMBER 28</b> 9:30 Seated Exercise Video (F) 10:30 *Aldi Outing 1:00 Seated Yoga (A) 2:00 Dice Game: Farkle 2:30 Movie Matinee (T) <i>Casablanca</i> 3:00 *Paint and Sip (AR)	<b>DECEMBER 29</b> 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 2:00 Cribbage (L) 1:00 December Birthday Social! (A) 2:30 Movie Matinee (T) <i>Gosford Park</i> <b>3:00 NIA! Non Impact Aerobic Movement Class with Guest Instructor! (A)</b>	<b>DECEMBER 30</b> 9:30 Seated Exercise Video (F) 11:00 Acts of Kindness Group Meeting 1:00 Seated Yoga Video (F) <b>2:00 Guess the Resolutions Game! (L)</b> 4:00 Happy Hour (C) <i>Jim Hoepfner</i>	<b>DECEMBER 31</b> 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) <b>3:00 New Years Eve Party! (C)</b> <b>3:30 Music by the Cathy Reitz Trio (C)</b>	<b>1 NEW YEARS DAY!</b> 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 3:30 Movie Matinee (T) <i>Field of Dreams</i>
<b>2</b> 9:30 Catholic Mass TV-9 10:30 Lutheran Service YV-9 2:00 Cards (C) 3:30 Movie Matinee (T) <i>Moneyball</i> <b>7:20 Packers VS Vikings on the Big Screen! (T)</b>	<b>3</b> 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 10:30-12:30 *Chair Massage with Michelle (F) 1:00 Activity Meeting (B) 2:00 Rummikub (C) 3:00-4:00 *Technology Help Group (A)	<b>4</b> 9:30 Seated Exercise Video (F) 10:30 *Walmart Outing 11:00 <b>*Wii Bowling Tournament! (C)</b> 1:00 Seated Yoga (A) 2:00 Card Game: Pinochle (L) 2:30 Movie Matinee (T) <i>Chocolat</i> 3:00 *Paint and Sip (AR)	<b>5</b> 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 1:00 <b>Bloody Mary Social! (B)</b> 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>Yours, Mine, and Ours</i> 3:00 <b>Dietary Education with Chris (B)</b>	<b>6</b> 9:30 Seated Exercise Video (F) 11:00 Worship and Communion with Pastor Jack (A) 1:00 <b>Afternoon Stretch Class (F)</b> 2:00 <b>Catholic Mass (A)</b> 4:00 Happy Hour (C) <i>Jim Roberston</i>	<b>7</b> 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) <b>3:30 New Years Tea Party! (C)</b> <i>Featuring Student Musicians</i>	<b>8</b> 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 3:30 Movie Matinee (T) <i>Titanic</i>
<b>9</b> 9:30 Catholic Mass TV-9 10:30 Lutheran Service YV-9 12:00 <b>Packers VS Lions on the Big Screen! (T)</b> 2:00 Cards (C)	<b>10</b> 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 1:00 <b>Sing a Long with Karol (C)</b> 2:00 Rummikub (C) 3:00-4:00 *Technology Help Group (A)	<b>11</b> 9:30 Seated Exercise Video (F) 10:30 *Festival Outing 11:00 <b>*Wii Bowling Tournament! (C)</b> 1:00 Seated Yoga (A) 2:00 Card Game: 500 (L) <b>2:00 Resident Council Meeting (A)</b> 2:30 Movie Matinee (T) <i>The Lady Vanishes</i> 3:00 *Paint and Sip (AR)	<b>12</b> 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 1:00 <b>Book Club! Book Discussion and New Book Debut (AR)</b> 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>National Lampoons Vacation</i> 3:00 <b>Popcorn Social! (B)</b>	<b>13</b> 9:30 Seated Exercise Video (F) 11:00 Birthday Card Decorating for Staff (B) 1:00 <b>Afternoon Stretch Class (F)</b> 2:00 <b>MLK Day Service Project (A)</b> 4:00 Happy Hour (C) <i>Larry Radle</i>	<b>14</b> 8:30-3:15 <b>*Podiatry by Appointment (AR)</b> 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 3:30 <b>Elvis Party (C)</b> 4:00 <b>ELVIS PERFORMANCE (C)</b>	<b>15</b> 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 3:30 Movie Matinee (T) <i>Life</i>
<b>16</b> 9:30 Catholic Mass TV-9 10:30 Lutheran Service YV-9 2:00 Cards (C) 3:30 Movie Matinee (T) <i>The Talented Mr. Ripley</i>	<b>17</b> 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 10:30-12:30 *Chair Massage with Michelle (F) 1:00 <b>Bible Study with Jack (A)</b> 2:00 Rummikub (C) 3:00-4:00 *Technology Help Group (A) 4:00 <b>Little Doggies Visit with Christie! (C)</b>	<b>18</b> 9:30 Seated Exercise Video (F) 10:30 *Target Outing 11:00 <b>*Wii Bowling Tournament! (C)</b> 1:00 Seated Yoga (A) 2:00 Dominos (L) 2:30 Movie Matinee (T) <i>The Remains of the Day</i> 3:00 *Paint and Sip (AR)	<b>19</b> 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 1:00 <b>January Birthday Social (A)</b> 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>Jack</i> 3:00 <b>Culinary Demonstration! (A)</b>	<b>20</b> 9:30 Seated Exercise Video (F) 11:00 Worship and Communion with Pastor Jack (A) 1:00 <b>Afternoon Stretch Class (F)</b> 2:00 <b>Midwest Physical Therapy Talks: (A)</b> <b>Low Back Pain</b> 4:00 Happy Hour (C) <i>Harp with Sarah Ohr</i>	<b>21</b> 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 3:30 <b>Winter Spelling Bee! (C)</b>	<b>22</b> 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 3:30 Movie Matinee (T) <i>Indiana Jones: Raiders of the Lost Arc</i>
<b>23</b> 9:30 Catholic Mass TV-9 10:30 Lutheran Service YV-9 2:00 Cards (C) 3:30 Movie Matinee (T) <i>Soul Surfer</i>	<b>24</b> 9:30 Seated Exercise Video (F) 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 1:00 <b>Sing a Long with Karol (C)</b> 2:00 Rummikub (C) 3:00-4:00 *Technology Help Group (A) 4:00 <b>Little Doggies Visit with Christie! (C)</b>	<b>25</b> 9:30 Seated Exercise Video (F) 10:30 *Aldi Outing 11:00 <b>*Wii Bowling Tournament! (C)</b> 1:00 Seated Yoga (A) 2:00 Dice Game: Farkle (L) 2:30 Movie Matinee (T) <i>Sense and Sensibility</i> 3:00 *Paint and Sip (AR) 5:30 <b>Virtual Opera Event Pt. 1 (T)</b> <b>The Marriage of Figaro</b>	<b>26</b> 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>Bringing Down the House</i> 3:00 <b>NIA! Non Impact Aerobic Movement Class with Guest Instructor! (A)</b> 5:30 <b>Virtual Opera Pt. 2 (T)</b> <b>The Marriage of Figaro</b>	<b>27</b> 9:30 Seated Exercise Video (F) 11:00 <b>Garden Interest Meeting (B)</b> 1:00 Afternoon Stretch Class (F) 2:00 <b>Intro to Essential Oils with Kim (A)</b> 4:00 Happy Hour (C)	<b>28</b> 8:30-3:15 <b>Podiatry by Appointment (AR)</b> 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 3:00 Wine, Beet and Board Games (C)	<b>29</b> 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 3:30 Movie Matinee (T) <i>A Star is Born (1954)</i>

# January Activity Highlights

## WII BOWLING TOURNAMENT

Let's get ready to RUM-BOWL! Take a strike at the 2022 Classic Wii Bowling tournament! The tournament will be held on Tuesdays mornings beginning at 11:00! Sign up at the front desk for a time slot and let's play! First place wins a 10 punch meal card and prestigious trophy!

## DIETARY EDUCATION WITH CHRIS!

Let's dive into nutrition and FAQ concerning food, diets, and intolerances. Along with exploring fun ways to improve what you're eating, without giving up your favorite foods! Wednesday, January 5th at 3:00 in the Bistro

## AFTERNOON STRETCH CLASS

Introducing.....the afternoon stretch class! Join us for a nice and relaxing afternoon stretch, on Thursdays afternoons this month! Each session will be held at 1:00 pm in the fitness room. Come and enjoy the benefits and relaxation of a regular stretch routine!

## NEW YEARS TEA PARTY

Enjoy some music and merriment to kick off the new year! Kat Sherman and her music students will be here to provide entertainment and tea during our new years tea party on Friday, January 7th, beginning at 3:30 pm in the clubhouse!

## MLK DAY SERVICE PROJECT

Observed each year on the third Monday in January, MLK Day is the only federal holiday designated as a national day of service to encourage all Americans to volunteer to improve their communities. Join us as we work together on a community service project to benefit those living right here in Eau Claire county, and help support part of King's dream of building community. Thursday, January 13th at 2:00 in Amen Corner

## FOOD AND DRINK SOCIALS

January is home to some VERY important national food holidays that must be celebrated...Bloody Mary day AND Popcorn day! We intend to celebrate fully on the following days/times. *Bloody Mary Social* : Wednesday, January 5th at 1:00pm *Popcorn Social*: Wednesday, January 12th at 3:00 pm

## ELVIS IS COMING

Break out your blue suede shoes (if you got 'em) because we will be having a special shindig to celebrate the King's birthday! The party will begin Friday, January 14th at 3:30 pm, with a VERY SPECIAL PERFORMANCE by Elvis himself beginning at 4:00 pm! All in the Clubhouse!

## CULINARY DEMONSTRATION

A look into a nation's culinary culture. Come join us for food and drink, along with a brief food-history discussion of the selected nation! This month will feature: ITALY! Please sign up at the front desk by the 14th if you plan on coming! The demonstration will be held Wednesday, January 19th at 3:00 in Amen Corner

## WINTER SPELLING BEE

W-I-N-T-E-R Spelling Bee! Just like the good 'ol days! Put your knowledge to the test in our Classic style spelling bee! Contestants will be given various words from the English language to be spelled one at a time. Winner will receive a 10 punch meal card AND prestigious spelling bee trophy! Sign up at the front desk if you are interested! The "bee" will begin Friday, January 21st at 3:30 pm

## THE MARRIAGE OF FIGARO

We have an additional birthday to celebrate this month...Mozart! Come celebrate during this month's two part screening of "The Marriage of Figaro"! This is one of Mozart's famously composed operas. Dress up for an evening at the opera, and enjoy a classical masterpiece! Light refreshment will be provided for this event! Tuesday January 25th and Wednesday January 26th at 5:30 in the theatre!



**JANUARY 4** - Florence G.    **JANUARY 15** - Mary H.    **JANUARY 20** - Shirley R.    **JANUARY 31**— Jean B.  
**JANUARY 8** - Ken B.    **JANUARY 16** - Jim R.    **JANUARY 23** - Allen C.  
**JANUARY 12** - Roger R.    **JANUARY 17**— Marge O.    **JANUARY 26**— Ray L.  
**JANUARY 12** - Michael R.    **JANUARY 17**— Willard D.    **JANUARY 28**— Nancy E.

## LOCATION KEY

\* - Sign up at front desk

A - Amen Corner

B - Bogey's Bistro

C - Clubhouse

CP - Chips Restaurant

CR - Conference Room

F - Fitness Studio

FP - Front Parking Lot

L - Lucky's

Game Room

LB - Library, 2nd Floor Main Building

O - Outside

P - Patio

PL - Palmer's  
Restaurant

AR - Activity Room,  
Lower Level of North Building

FD - Front Desk

T - Theatre, 2nd Floor Main Building