

# JANUARY ACTIVITIES THE GARDEN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>DECEMBER 26</b> Fitness Dice Hangman -LUNCH- BINGO True or False? Reminiscing Questions	<b>DECEMBER 27</b> Fitness Parachute -LUNCH- Watercolor Painting I Spy Game Balloon Volleyball Find a Match Sing a Long Circle -DINNER- Evening Yoga	<b>DECEMBER 28</b> Fitness Beach Ball Toss/Catch -LUNCH- BINGO Coffee and Conversation Baking Group Bowling -DINNER- Virtual Music Concert	<b>DECEMBER 29</b> Fitness Games—Dice Exercise Shootin' Hoops -LUNCH- BINGO <b>December Birthday Social!</b> Black or Red Card Game Magic Letter! Music and Instrument Circle -DINNER- Evening Yoga	<b>DECEMBER 30</b> Fitness Make a dance! -LUNCH- Giant Crossword Afternoon Stretch Noodle Hockey Charades! Sing a Long Circle -DINNER- Cosmic Volleyball	<b>DECEMBER 31</b> Fitness Bean Bags -LUNCH- New Years Eve Party! 3:00 Happy Hour -DINNER- BINGO Night	1 Fitness Whiteboard/Word Games -LUNCH- Ner Gun Can Shoot Bowling Resident's Choice Game
2 Fitness Music and Instruments -LUNCH- BINGO Prize Toss Reminiscing Questions	3 Fitness Hungry Hippos -LUNCH- Watercolor Painting Helping Hands Balloon Volleyball Rhythm Repeat Sing a Long -DINNER- Evening Yoga	4 Fitness Shake Loose a Memory -LUNCH- Afternoon Stretch Coffee and Conversation Baking Group Bowling True or False? -DINNER- Virtual Concert and Treat!	5 Fitness Games—Exercise Ball Shootin' Hoops -LUNCH- BINGO Black or Red Card Game Walker Slingshot Music and Instrument Circle -DINNER- Evening Yoga	6 10:15 Worship and Communion Fitness -LUNCH- Giant Crossword Afternoon Stretch Noodle Hockey Charades! Sing a Long Circle -DINNER- Cosmic Volleyball	7 Fitness Music and Instrument Circle -LUNCH- Cookies and Coloring Funny Faces! "Beer" Pong 3:00 Happy Hour with Adam -DINNER- BINGO Night	8 Fitness Whiteboard/Word Games -LUNCH- Penny Ante Game Bowling Resident's Choice Game
9 Fitness Clothespin Grab Game -LUNCH- BINGO Knock 'em down Reminiscing Questions	10 Fitness Parachute -LUNCH- Watercolor Painting Find a Match! Balloon Volleyball Lacing Cards Sing a Long -DINNER- Evening Yoga	11 Fitness Beach Ball Toss/Kick -LUNCH- BINGO Baking Group Bowling Smile Toss -DINNER- Virtual Concert and Treat!	12 Fitness Games—Dice Exercise Finish the Phrase -LUNCH- Giant Jenga Madlibs Trampoline Toss Popcorn and Corny Jokes! 3:00 Music with Larry -DINNER- Music and Instrument Circle	13 Fitness Movement and Music -LUNCH- Giant Crossword Afternoon Stretch Caption Match! Nerf Gun Can Shoot Sing a Long Circle -DINNER- Cosmic Volleyball	14 Fitness Bean Bags -LUNCH- Puzzles and Board Games Peanut Butter and Banana Sandwiches! Elvis Trivia 3:00 ELVIS PERFORMANCE! -DINNER- BINGO Night	15 Fitness Whiteboard/Word Games -LUNCH- Wii Wheel of Fortune Bowling Resident's Choice Game
16 Fitness Music and Instruments -LUNCH- BINGO Prize Toss Reminiscing Questions	17 Fitness Hungry Hippos -LUNCH- Watercolor Painting 1:30 Chair Massages Helping Hands Balloon Volleyball Sing a Long 3:30 Little Doggies Visit with Christie! -DINNER- Evening Yoga	18 Fitness Shake Loose a Memory -LUNCH- Afternoon Stretch Coffee and Conversation Baking Group Bowling True or False? -DINNER- Virtual Concert and Treat!	19 Fitness Games—Exercise Ball Shootin' Hoops -LUNCH- BINGO January Birthday Social! Walker Slingshot Music and Instrument Circle DINNER- Evening Yoga	20 10:15 Worship and Communion Fitness -LUNCH- Giant Crossword Afternoon Stretch Noodle Hockey Charades! Sing a Long Circle -DINNER- Cosmic Volleyball	21 Fitness Music and Instrument Circle -LUNCH- Cookies and Coloring The Price is Right! "Beer" Pong 3:00 Happy Hour with Adam -DINNER- BINGO Night	22 Fitness Whiteboard/Word Games -LUNCH- Penny Ante Game Bowling Resident's Choice Game
23 Fitness Clothespin Grab Game -LUNCH- BINGO Knock 'em down Reminiscing Questions	24 Fitness Parachute -LUNCH- Watercolor Painting Find a Match! Balloon Volleyball Sing a Long 3:30 Little Doggies Visit with Christie! DINNER- Evening Yoga	25 Fitness Beach Ball Toss/Kick -LUNCH- BINGO Baking Group Bowling Smile Toss -DINNER- Virtual Concert and Treat!	26 Fitness Games—Dice Exercise Finish the Phrase -LUNCH- Giant Jenga Madlibs Trampoline Toss Ice Cream Treats! Magic Letter! Beach Ball Table Game DINNER- Music and Instrument Circle	27 Fitness Movement and Music -LUNCH- Giant Crossword Afternoon Stretch Butterfly Catch! Nerf Gun Can Shoot Sing a Long Circle -DINNER- Cosmic Volleyball	28 Fitness Bean Bags -LUNCH- Puzzles and Board Games Balloon Tennis Dice List Game "Beer" Pong 3:00 Happy Hour with Sarah -DINNER- BINGO Night	29 Fitness Whiteboard/Word Games -LUNCH- Wii Wheel of Fortune Bowling Resident's Choice Game

# January Activity News

## HAPPY NEW YEAR

Welcome to 2022! We had a fun time ringing it in with your loved ones during our New Years Eve Party! Fun, games and smiles were shared, as well as a countdown to 2022 with balloon drop! We are thankful for all of the joyful memories shared together during the past year. We plan to continue the fun in 2022 with some old favorites, as well as some new activities!

## NEW ACTIVITY ALERT!

Some new additions to the schedule this month include: Rhythm repeat, Walker Slingshot, Penny Ante, Clothespin Grab, Smile Toss, Trampoline Toss, and the Dice List Game! You are always welcome to stop by and get in on the action!

## ELVIS IS COMING!

Break out the blue suede shoes if you got 'em! ELVIS IS ON THE WAY! To celebrate the King's birthday this month, we will be enjoying some of his favorite treats, testing our knowledge with a trivia game and enjoying a performance and photos with the legend himself! Friday, January 14th at 2:00 pm!

## MUSIC THIS MONTH

Friday Happy Hour this month's will feature: Fan favorite Adam, a harp performance with Sarah, oh, and ELVIS!! Group Weekly sing a Long and Music and instrument circles continue to be enjoyed by all as a way to share the joy and magic of music

## LITTLE DOGGIE VISITS CONTINUE

They're back for the new year! And we can't wait! A special shout out to Christie R. and her little doggies for making our days bright during their little doggies visits! They will be retuning this month on Monday, January 17th, and Monday January 24th

HAPPY BIRTHDAY

**JANUARY 10** - Dolores J.

**JANUARY 29** - Richard C.

**JANUARY 31** - Patty A.

