



SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Sign Up Located at Front Desk</p>	<p>AL/IL Activities Calendar</p>	<p>AUGUST 30 9:30 Seated Exercise Video (F) 10:00 A Different Kind of Book Club (A) 10:30 *Woodmans Shopping Trip 11:00 Wii Bowling (L) 1:00 Seated Yoga (A) 2:00 Rummikub (C) 2:30 Movie Matinee (T) <i>Trapeze</i> 3:00 *Paint and Sip (AR)</p>	<p>AUGUST 31 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 1:00 Activity Meeting (C) 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>Dumb and Dumber</i> 3:00 Rootbeer Floats on Patio (P) 5:30 *Thunderman Concert Outing</p>	<p>1 9:30 Seated Exercise Video (F) 11:00 Bean Bags! (P or C) 1:00 Afternoon Stretch Class (F) 2:00 Catholic Mass (A) 3:00 Old Photo Guessing Game! (C) 4:00 Happy Hour! (C) <i>Macie & Suzie Kendziera</i></p>	<p>2 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 3:00 Wine, Beer and Board Games (C)</p>	<p>3 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 2:30 Movie Matinee (T) <i>The Lost City</i></p>
<p>4 9:30 Catholic Mass TV-9 10:30 Lutheran Service TV-9 2:00 Cards (C) 2:30 Movie Matinee (T) <i>The Hunt for Red October</i></p>	<p>5 LABOR DAY 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 10:30-12:30 *Chair Massage with Michelle (F) 2:00-3:00 *Technology Help Group FRONT DESK 3:00 Cards (C) 4:30 *Cribbage Tournament CONSOLATION CHAMPIONSHIP ROUND (L)</p>	<p>6 TEAM TRIVIA POSTED 9:30 Seated Exercise Video (F) 10:00 A Different Kind of Book Club (A) 10:30 *Walmart Shopping Trip 11:00 Wii Deal or No Deal (L) 1:00 Seated Yoga (A) 2:00 Rummikub (C) 2:30 Movie Matinee (T) <i>The Stork Club</i> 3:00 *Paint and Sip (AR)</p>	<p>7 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 1:00 Book Club! "The First Thirty" Book Discussion and New Book: (PL) 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>The Devil Wears Prada</i> 3:00 Drumming Fun! (A)</p>	<p>8 9:30 Seated Exercise Video (F) 11:00 Worship and Communion with Pastor Jack (A) 1:00 Afternoon Stretch Class (F) 2:00 Grief Group Meeting (A) 3:00 Great Minds Think Alike Word Game! (C) 4:00 Happy Hour (C) <i>Blue Skies Band</i></p>	<p>9 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 3:30 *September Spelling Bee! (C)</p>	<p>10 10:00 Mug Club (PL) 11:00-1:00 *Technology Help with Amy & Jason (A) 1:00 *Manicures (FD) 2:00 Cards (C) 2:30 Movie Matinee (T) <i>Mama Mia! Here we go Again</i></p>
<p>11 9:30 Catholic Mass TV-9 10:30 Lutheran Service TV-9 2:00 Cards (C) 2:30 Movie Matinee (T) <i>Flight</i></p>	<p>12 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 11:00 *Card Making Session with Shirley! (A) 1:00 Sing a Long With Karol (C) 2:00-3:00 *Technology Help Group (A) 3:00 Learn a Game with Curt and Beaty B! Fast Track (L) 4:00 Dog Visit with Jerry (C) 4:30 Nostalgic Radio Listening Session: (T) The Adventures of Philip Marlowe: The Heat Wave—30 mins</p>	<p>13 9:30 Seated Exercise Video (F) 10:00 A Different Kind of Book Club (A) 10:30 *Festival Shopping Trip 11:00 Wii Bowling (L) 1:00 Seated Yoga—(A) 2:00 *500 (C) 2:30 Movie Matinee (T) <i>Molly & Me</i> 3:00 *Paint and Sip (AR)</p>	<p>14 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 12:45 - Short Story Reading of "The Milkshake Man" (A) 1:15 Special Virtual Q&A event with author of "The Milkshake Man" & "The First Thirty" (A) 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>The Ultimate Legacy</i> 3:00 Card BINGO with Richard (A)</p>	<p>15 9:30 Seated Exercise Video (F) 11:00 Bean Bags! (P or C) 1:00 Afternoon Stretch Class (F) 2:00 Midwest Physical Therapy Talks: Understanding and Managing Arthritis (A) 3:00 Finish the Lyric! (C) 4:00 Happy Hour! (C) <i>Country Guitar with Larry Radle</i> "Up for Debate" Voting Near Front Desk!</p>	<p>16 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 3:00 Wine, Beer and Board Games (C) "Up for Debate" Voting Near Front Desk!</p>	<p>17 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 2:30 Movie Matinee (T) <i>The Best Exotic Marigold Hotel</i> "Up for Debate" Voting Near Front Desk!</p>
<p>18 9:30 Catholic Mass TV-9 10:30 Lutheran Service TV-9 2:00 Cards (C) 2:30 Movie Matinee (T) <i>A River Runs Through It</i> "Up for Debate" Voting Near Front Desk!</p>	<p>19 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 10:30-12:30 *Chair Massage with Michelle (F) 1:00 Bible Study with Jack (A) 2:00-3:00 *Technology Help Group (A) 3:00 Learn a Game with Rachel G: Kings Corners (L) 4:30 Dog Visit with Lizzy! (C) 4:30 Nostalgic Radio Listening Session: (T) The Burns and Allen Show: The Diet —30 mins "Up for Debate" Voting Near Front Desk!</p>	<p>20 9:30 Seated Exercise Video (F) 10:00 A Different Kind of Book Club (A) 10:30 *Target Shopping Trip 11:00 Wii Wheel of Fortune (L) 1:00 Seated Yoga—FITNESS ROOM 2:00 *Pinochle (C) 2:30 Movie Matinee (T) <i>Never Wave at a WAC</i> 3:00 *Paint and Sip (AR) "Up for Debate" Voting Near Front Desk!</p>	<p>21 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 1:00 September Birthday Social! (A) 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>The Identical</i> 3:00 Who Wants to be a Millionaire! (A) "Up for Debate" Voting Near Front Desk!</p>	<p>22 9:30 Seated Exercise Video (F) 11:00 Worship and Communion with Pastor Jack (A) 1:00 Afternoon Stretch Class (F) 2:00 Resident Climate Geeks "RCG" Meeting (A) 3:00 "Up For Debate" Answer Reveal (C) 4:00 Happy Hour! (C) <i>Piano with Jim Radloff!</i></p>	<p>23 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 3:30 Nutrition for older adults with Registered Dietitian Amanda S! (A)</p>	<p>24 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 2:30 Movie Matinee (T) <i>Miss Congeniality</i></p>
<p>25 9:30 Catholic Mass TV-9 10:30 Lutheran Service TV-9 2:00 Cards (C) 2:30 Movie Matinee (T) <i>Miss Congeniality 2</i></p>	<p>26 10:00 Fitness Class (A) 10:30 Knitting and Crocheting (B) 1:00 Acts of Kindness Meeting (C) 2:00-3:00 *Technology Help Group (A) 3:00 Learn a Game with Rachel G: Left Center Right! (L) 4:00 Dog Visit with Jerry (C) 4:30 Nostalgic Radio Listening Session: (T) Pat Novak for Hire: Mysterious Set of Books—30 mins</p>	<p>27 9:30 Seated Exercise Video (F) 10:00 A Different Kind of Book Club (A) 10:30 *Aldi Shopping Trip 11:00 Wii Bowling (L) 1:00 Seated Yoga (A) 2:00 *Hand and Foot (C) 2:30 Movie Matinee (T) <i>The Brady Bunch Movie</i> 3:00 Paint and Sip (AR)</p>	<p>28 8:30-3:15 *Podiatry by Appointment (AR) 10:00 Fitness Class H.I.I.T (A) 11:00 Rosary and Communion (A) 11:45 Classic Choir Practice (A) 1:00 ANY FLOOR TEAM TRIVIA MEETING (C) 2:00 Cribbage (L) 2:30 Movie Matinee (T) <i>Crazy Stupid Love</i> 3:00 Card BINGO with Richard (A)</p>	<p>29 9:30 Seated Exercise Video (F) 11:00 Bean Bags! (P or C) 1:00 Afternoon Stretch Class (F) 2:00 Readings from: "Gentle Words" For Every Season (A) 3:00 The Price is Right! (C) 4:00 Happy Hour! (C) <i>Mickey Lynnes</i></p>	<p>30 10:00 Fitness Class (A) 11:00 Giant Group Crossword (L) 1:00 Balance Class (F) 2:00 BINGO Hour (A) 7:00 Homecoming! Theme: Hollywood Glam @ POSTPONED UNTIL 10/14 3:00 Piano music with Kitty! (C)</p>	<p>OCTOBER 1 10:00 Mug Club (PL) 1:00 *Manicures (FD) 2:00 Cards (C) 2:30 Movie Matinee (T) <i>Tower Heist</i></p>

ACTIVITY HIGHLIGHTS!

SEPTEMBER SPELLING BEE

A, B, C, D, it's a spelling bee! In the spirit of the school year, we will be holding our very own spelling bee event on Friday, September 9th at 3:30 pm in the clubhouse! Sign up at the front desk if you are interested in participating!

SIGN UP FOR CARD GAMES MARKED WITH *ASTERISK*

Please be sure to sign up for any card games marked with an *asterisk* as some of the games require a specific amount of players! Also a reminder to use your "cards connection" directory to connect with others who are interested in playing cards! If you would like to be added to the directory, please see the front desk.

NOSTALGIC RADIO LISTENING

New this month on Mondays, it's time to travel back to yesteryear with our nostalgic radio listening sessions! Each week, we will be playing an old time radio program up in the East/West second floor theater, Mondays at 4:30 starting after Labor day! See the activity calendar for episodes and lengths.

VIRTUAL VISIT WITH AUTHOR

VERY EXCITING NEWS! We will be receiving a special virtual visit of the author of last month's book club book! If you missed last month's book club, never fear, because right before the visit we will be holding a special reading of another of the author's short stories! Be there to ask questions, and hear first hand the background and inspirations that went into these stories!

"UP FOR DEBATE" VOTING ACTIVITY

Coke or Pepsi? Should toilet paper hang under or over the roll? Are hotdogs sandwiches? We want to know! Choose your side and vote in our "Up for Debate" Activity! These controversial topics and more will be posted in the hallway near the front desk on Thursday September 15th. A week later before happy hour we will reveal the answers and discuss!

NUTRITION FOR OLDER ADULTS WITH DIETICIAN

As requested, a registered dietician will be coming here to speak to you about nutrition for older adults! Friday, September 23rd at 3:30 in Amen Corner.

ANY FLOOR TRIVIA MEETING

It's time to assemble the minds! Bring the posted "Team Trivia" quiz from your floor, and meet with interested members of other floors to complete! (if your floor doesn't already participate). Calling all to assemble on Wednesday, September 28th at 1:00 pm in the clubhouse.

HOMECOMING! THEME: HOLLYWOOD GLAM

Party time! We are having a Classic September shindig full of festivities! The theme: HOLLYWOOD GLAM! Dress to the nines (or fives or sixes if you want) for our themed event! ~~Friday September 30th~~ **POSTPONED UNTIL 10/14** beginning at 7:00 pm in the clubhouse!



SEPTEMBER 2 - Shirley P.

SEPTEMBER 7 - Gordy S.

SEPTEMBER 10 - Terry A.

SEPTEMBER 16 - Bob B.

SEPTEMBER 27 - Jack O.

SEPTEMBER 27 - Loie W.

SEPTEMBER 28 - Judy G.

ACTIVITY LOCATION KEY

* = Sign up at front desk

A = Amen Corner

AR = Activity Room,
Lower Level of North Building

B = Bogey's Bistro

C = Clubhouse

CP = Chips Restaurant

CR = Conference Room

F = Fitness Studio

FP = Front Parking Lot

L = Lucky's Game Room

LB = Library, 2nd Floor Main
Building

P = Patio

PL = Palmer's Restaurant

FD = Front Desk

T = Theatre, 2nd Floor Main Building