



# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>The Garden Activities Calendar</h2>		<b>AUGUST 30</b> <b>9:30 Manicures with Katie!</b> Fitness Beach Ball Toss/Kick -LUNCH- BINGO Afternoon Stretch Drumming Fun! Magic Letter Giant Jenga Music and Dancing! -DINNER- Virtual Concert and Popcorn!	<b>AUGUST 31</b> Fitness Games! – Dice Exercise! Finish the Phrase! -LUNCH- BINGO <b>Baking Group: Banana Pudding</b> Bowling True or False? -DINNER- Finish the Lyric!	<b>1</b> Fitness Ingredient Game! -LUNCH- Giant Crossword Afternoon Stretch Target Toss! <b>Rootbeer Floats!</b> Sing a Long -DINNER- Cosmic Volleyball	<b>2</b> Fitness Music and Dancing! -LUNCH- Cookies and Coloring Helping Hands “Beer” Pong <b>3:00 Happy Hour with: Adam!</b> -DINNER- BINGO Night	<b>3</b> Fitness Whiteboard & Word Games -LUNCH- Giant Left Center Right Tabletop Bowling <b>Ice Cream!</b> Alphabet Game Sing a Long Residents Choice Game
		<b>4</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Dice List Flickin’ Chickens Reminiscing Questions	<b>5 Labor Day!</b> Fitness Bowling! -LUNCH- Watercolor Painting for the grandkids! Helping Hands Find a Match Balloon Volleyball! <b>What is that Profession? Game</b> Sing a Long -DINNER- Yoga	<b>6</b> <b>9:30 Manicures with Katie!</b> Fitness Shake Loose a Memory -LUNCH- BINGO Afternoon Stretch Giant Jenga Giant Yahtzee! Music and Dancing! -DINNER- Virtual Concert and Popcorn!	<b>7</b> Fitness Games! -Exercise Ball Shootin’ Hoops -LUNCH- Coffee and Corny Jokes Magazine Scavenger Hunt! <b>Baking Group: Smores Cookies!</b> Bowling True or False? -DINNER- Yoga <b>5:30 Saxophone with Volunteer Jarett!</b>	<b>8</b> 10:15 Worship and Communion Fitness -LUNCH- Giant Crossword Afternoon Stretch Red or Black Card Game Funny Faces Game! Sing a Long -DINNER- Cosmic Volleyball
<b>11</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Hats & Coffee Tongue Twisters Reminiscing Questions	<b>12 Chocolate Milkshake Day!</b> Fitness Noodle Hockey -LUNCH- Watercolor Painting for the grandkids! Helping Hands Lacing Cards Balloon Volleyball <b>Chocolate Milkshakes!</b> Sing a Long -DINNER- <b>4:45 Doggo Visit with Lizzy!</b> Yoga	<b>13</b> <b>9:30 Manicures with Katie!</b> Fitness Beach Ball Toss/Kick -LUNCH- BINGO Afternoon Stretch <b>Musical Crossword</b> Magic Letter Giant Jenga Music and Dancing! -DINNER- <b>Flute with Skye!</b> Virtual Concert and Popcorn!	<b>14</b> Fitness Games! – Dice Exercise! Finish the Phrase! -LUNCH- BINGO <b>Baking Group: Apple Pie Roll Ups</b> Bowling True or False? -DINNER- Finish the Lyric!	<b>15</b> Fitness Ingredient Game! -LUNCH- Giant Crossword Afternoon Stretch Target Toss! <b>Back to School Reminiscing</b> Sing a Long -DINNER- Cosmic Volleyball	<b>16</b> Fitness Music and Dancing! -LUNCH- Cookies and Coloring Helping Hands “Beer” Pong <b>3:00 Happy Hour!</b> -DINNER- BINGO Night	<b>17</b> Fitness Whiteboard & Word Games -LUNCH- Giant Left Center Right Tabletop Bowling <b>Ice Cream!</b> Alphabet Game Sing a Long Residents Choice Game
<b>18</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Dice List Flickin’ Chickens Reminiscing Questions	<b>19 TALK LIKE A PIRATE DAY</b> Fitness Bowling! -LUNCH- <b>1:30 Chair Massage with Michelle</b> Watercolor Painting for the grandkids! Helping Hands Find a Match Balloon Volleyball! <b>Pirate Slang!</b> Sing a Long -DINNER- Yoga	<b>20</b> <b>9:30 Manicures with Katie!</b> Fitness Shake Loose a Memory -LUNCH- BINGO Afternoon Stretch Giant Jenga Nerf Gun Can Shoot Music and Dancing! -DINNER- <b>Flute with Skye!</b> Virtual Concert and Popcorn!	<b>21</b> Fitness Games! -Exercise Ball Shootin’ Hoops -LUNCH- Coffee and Corny Jokes Magazine Scavenger Hunt! <b>Baking Group: Pumpkin Spice Donuts</b> <b>September Birthday Social!</b> Bowling True or False? -DINNER- Yoga <b>5:30 Saxophone with Volunteer Jarett!</b>	<b>22</b> 10:15 Worship and Communion Fitness -LUNCH- Giant Crossword Afternoon Stretch Red or Black Card Game <b>Paper Doll Project!</b> Sing a Long -DINNER- Cosmic Volleyball	<b>23</b> Fitness Bean Bags -LUNCH- Picture Puzzles “The Price is Right” “Beer” Pong <b>3:00 Happy Hour with: Adam!</b> -DINNER- BINGO Night	<b>24</b> Fitness Whiteboard & Word Games -LUNCH- Flip Cards and Dice Tabletop Bowling <b>Ice Cream!</b> Short Stories! Sing a Long Residents Choice Game
<b>25</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Hats & Coffee Tongue Twisters Reminiscing Questions	<b>26 JOHNNY APPLESEED DAY!</b> Fitness Parachute -LUNCH- Watercolor Painting for the grandkids! Helping Hands Lacing Cards Balloon Volleyball <b>Apple Activity!</b> Sing a Long <b>3:30 Doggo Visit with Jerry!</b> -DINNER- Yoga	<b>27</b> <b>9:30 Manicures with Katie!</b> Fitness Beach Ball Toss/Kick -LUNCH- BINGO Afternoon Stretch <b>Musical Crossword</b> Magic Letter Giant Jenga Music and Dancing! -DINNER- <b>Flute with Skye!</b> Virtual Concert and Popcorn!	<b>28</b> Fitness Games! – Dice Exercise! Finish the Phrase! -LUNCH- BINGO <b>Baking Group: Cinnamon Roll Cake</b> Bowling True or False? -DINNER- Finish the Lyric!	<b>29</b> Fitness Ingredient Game! -LUNCH- Giant Crossword Afternoon Stretch Target Toss! <b>Flower Arranging!</b> Sing a Long -DINNER- Cosmic Volleyball	<b>30</b> Fitness Music and Dancing! -LUNCH- Cookies and Coloring <b>Homecoming! Theme: Hollywood Glam!</b> <b>3:00 Happy Hour!</b> -DINNER- BINGO Night	<b>NOVEMBER 1</b> Fitness Whiteboard & Word Games -LUNCH- Giant Left Center Right Tabletop Bowling <b>Ice Cream!</b> Alphabet Game Sing a Long Residents Choice Game

# ACTIVITY HIGHLIGHTS!

## **BAKING GROUP FEATURES!**

The month of September contains some delicious baking group features! Wednesdays this month we will be whipping up some s'mores cookies, apple pie roll-ups, pumpkin spice donuts, cinnamon roll cake, YUM!

## **ICE CREAM AND POPCORN**

What's not to love? Introducing these two timeless treats to our weekend agendas this month!

## **MUSIC THIS MONTH**

We are so thankful for all of the wonderful musicians that come to share their talents with us! This month we are excited to welcome back Jarett on his saxophone, Adam on the guitar, Suzie's singing and guitar, and our very own Skye on the flute!

## **OBSCURE HOLIDAY CELEBRATIONS**

It's a holiday every Monday this month, and we intend to celebrate! And the more obscure, the more fun! Aside from the classic labor day, we are going to celebrate Chocolate milkshake day, talk like a pirate day, and johnny appleseed day with some themed activities!

## **BACK TO SCHOOL REMINISCING**

Oh the month of September holds many memories of back to school! We will be discussing and reminiscing with vintage photos during our back to school reminiscing group this month!

## **PAPER DOLL PROJECT**

Another new group to appear on the calendar, it's our paper doll project! An activity that will again focus on reminiscence, fine motor coordination, and incorporate purpose as we create paper dolls to send to children in the hospital

## **HOMECOMING! THEME: HOLLYWOOD GLAM!**

Along the lines of back to school, it's about time for another dance! We are excited for a fabulous party with a new theme: Hollywood Glam! Watch out for the paparazzi!

## **HAPPY BIRTHDAY!**

**SEPTEMBER 2** - Max G!

**SEPTEMBER 9** - Jackie W!

**SEPTEMBER 11** - Milly B!

**SEPTEMBER 21** - Judy D!

**SEPTEMBER 29** - Huntz L!

